

Tennis for Health



Do you have pre-diabetes or diabetes?

This course is for you! Free 6 week programme to learn how to play tennis. Complete 4 of the 6 week course and receive a tennis racket and set of balls to continue playing

Venue: Hall Leys Park Matlock

**Course 1:
Sunday
9am - 10am
1st Sept - 6th Oct**



**Course 2:
Wednesdays
5.30pm-6.30pm
4th Sept - 9th Oct**

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Email for more information and to register:

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DALES**
Derbyshire Dales District Council

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Funded by Public Health